

The Nautical Lifestyle Teams Up with Maritime Consultants to Provide Marine Education and Training in CPR, First Aid, AED, and NASBLA

Robin G. Coles of TheNauticalLifestyle and Captain Jim Jackson of Maritime Consultants join forces to train and certify boaters in CPR, First Aid, AED, and Massachusetts Boating Safety (NASBLA - National Association of Boating Law Administrators).

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WINTHROP, MA, January 28, 2013 **/24-7PressRelease/** -- "I'm always harping on boat safety," says Coles, "and as we age it becomes more important to know CPR, First Aid, and AED (Automatic Electronic Defibrillators). Further concerns are people's food allergies and the medications they take. It's important for boaters to know what can or can't be used in their first aid kit should a problem arise."

Right now these courses are only mandatory if you're getting a captain's license or for anyone who wants to teach on water boat safety; like the Power Squadron. Boating needs to be about safety, first. Not just going out and having a good time.

Jackson says when you're out on a boat you don't always have access to 911. If there's an emergency, you need to know how to stabilize it [the emergency] till help is on the way. The purpose of these classes is to create a plan in the event of a medical emergency.

It's also important to learn how to place a May Day call, use their VHF radio, and what's in a medical float plan. Nine out of ten times you may have people on your boat and not even know about a medical problem they have until it's too late.

Today, anyone under the age of 17 wishing to operate a boat or jet ski in Massachusetts must have a certificate from NASBLA for safe boating. This course covers rules of the road, aids to navigation, boat handling skills, and chart work. Adults who take the class receive a discount on their boat insurance.

If you've been on the receiving end of Coles autograph for her book, newsletters, and/or emails you know she signs them with "Safe Boating". What better way to put these words into action than offering these classes.

All CPR, First Aid, and AED classes are American Red Cross Certifications for Adult, Children, and Infants. NASBLA courses are 12 hours long and include both NASBLA and Safe Boating Certificates.

Classes are offered through Yacht Clubs, Boating Clubs, and other organizations.

For more information on these classes go to <http://TheNauticalLifestyle.com/classes>